

## TUPA Business Meeting Minutes – March 17, 2021 🍀

\*Meeting will be recorded to the host's hard drive and deleted once minutes have been approved. Please feel free to reach out to Emily Booth if you have any concerns ([tupa@temple.edu](mailto:tupa@temple.edu) or [embooth@temple.edu](mailto:embooth@temple.edu)).

Join via Zoom (recurring link): <https://temple.zoom.us/j/91849093206>

Dial in by telephone: +1 301 715 8592

Meeting ID: 937 4365 1418

**Attendees: Emily Abbott, Battuya Bayarmagnai, Sarah Beganskas, Emily Booth, Martina Donadoni, Anna-Mariya Kukuyan, Alyssa Leystra, Jason Pattis, Wei Song, Kelly Whelan, Jennica Young**

**Agenda** (planned agenda in black; outcomes in blue)

1. Brief introductions - Sarah & Jennica
  - **Volunteers for TUPA DJ / Spotify playlist?**
2. Election results - Emily B
  - **Co-Presidents:** Sarah Beganskas, Jennica Young
  - **Secretary:** Emily Booth
  - **Treasurer:** Wei Song
  - **Communications Officer:** Emily Abbott
  - **Advocacy & Outreach Officers:** Antonia Chroni, Anna-Mariya Kukuyan
  - **Event Coordinators:** Jason Pattis, Inés Velázquez Quesada, Amelia Cuarenta
3. Postdoc symposium updates - Sarah & Jennica
  - 16 signed up to present so far
  - Register by April 2nd
  - Videos due by April 9th
  - Symposium on April 23rd
  - Fun & engagement ideas - Sarah & Em
    - Looking for volunteers to help keep the symposium fun, interactive, and engaging for attendees!
    - Ice break activities? Networking in Wonder before/after each session?
  - Thank you to moderators, ZJs, & other volunteers!
4. Communication workshops - Sarah & Jennica
  - 99 registered for workshop #1, ~50 attended, success!
  - Alyssa shared feedback from Fox-Chase people (16-20 signed up, spoke with 3):
    - several said they could not participate interactively and that material was too foundational/basic for them
    - same people said that they had heard good feedback from people who had been able to participate more fully
  - Anna-Mariya also heard from people who would have preferred to listen and not interact
  - Martina attended and interacted with the activities, found it very helpful to step out of comfort zone, but might be difficult for people who want to listen in the background
  - Battuya pointed out that we could make it more clear that 'interactive' meant with small

- groups, not whole workshop (might be less intimidating)
  - Kelly knows a grad student who attended and enjoyed the workshop
  - Debrief anxiety workshop on 3/16
    - 8 attended
    - small, engaged group
  - Workshop Part 2 (presence & presentation), **March 18** (tomorrow!)
5. Advocacy & Outreach - Toni & **Anna-Mariya**
- Ideas for subcommittee:
    - Workshop/seminar with a lawyer for international postdocs interested in applying for green card
    - Support for postdocs in the context of mental health issues
    - Potential workshop/seminar to explain how to build a personal website
    - Organize a free informal career talk every 2-3 months with Temple/Fox Chase alumni about how they got their jobs, what they like/don't like about it (Anna-Mariya and Alyssa from Fox Chase can collaborate on this)
      - this could be in conjunction with career talks that Kelly is organizing
  - Sarah suggested seeing who has a personal website already and could talk about it--maybe in a slack channel, in addition to something more formal
  - Martina likes the idea of a green card workshop, could be very helpful for international postdocs
  - Battuya had begun building a relationship with Sharon from the international office, that could be continued
6. Upcoming events - **Jason, Amelia, Ines**
- March & April Social
    - **Volunteers wanted!**
  - Accountability group check-ins: Tuesdays, 9-9:30AM, new members welcome anytime
    - Sarah says there is a spreadsheet for accountability group members
  - Relaxing Yoga -Amelia
7. TUPA Budget & swag update - Wei
- February's Balance: \$4790
  - Disbursements: none
  - Balance as of Mar. 17, 2021: \$4790
  - Pending Disbursements
  - \$1400 Communication Workshop part 1 & 2
- Logos - Em
    - bag and mug: owl with glasses
    - water bottle: TUPA logo running vertically
    - Sarah and Em worked on these logos and they are super cute
8. Lewis Katz School of Medicine postdoc office -- Kelly Whelan
- Background:
    - not much info has been made available on racial/ethnic makeup of postdocs, listserv not available
    - tried to get info by reaching out to individual PIs
    - would like to reach out to people from underrepresented backgrounds
    - survey questions came from Battuya's earlier survey for TUPA

- concrete plans are unclear at this point
- Challenges:
  - there is not yet a commitment from the school to have an office
  - Q of whether this would be open to all postdocs
  - Potential conflicts with TUPA
  - confusion around messaging and communication up to this point
  - unclear as to whether/when any actions will occur
  - Alyssa says that Fox-Chase and Lewis Katz might be integrating, which may affect these activities
- Going forward:
  - this would ideally be complementary with TUPA
  - Sarah would like for us to work together and collaborate to avoid further confusion or competition
  - Anna-Mariya asks is it is possible to have a faculty member assigned to TUPA; unclear at this point

9. Other comments?

**ACTION ITEMS**

Task	Person Responsible

**NEXT MEETING**

April 21, 2021 @5pm on Zoom (recurring link: <https://temple.zoom.us/j/91849093206>)