

Intervention Summary

Task Analysis, Activity Analysis, & Modification (TAAAM) – Short Form

Student: Jennifer Whalen

Name of activity: Vision Board

Type of modality: Self- exploratory

Type of play	Solitary
Interaction pattern	Extra-individual
# of participants required	1 Participant
Equipment/supplies	Poster board, scissors, glue, magazines
Facilities required/environment	Open areas, chairs, tables needed.
Precautions	Make sure to be careful with scissors.

Activity Instructions

(what the therapist needs to do to facilitate the activity)

1. Initiate activity with client.
2. Instruct client to select materials from the counter (poster board, scissors, magazines, glue, tape, markers, pencils, pens)
3. Instruct client to place materials onto the table.
4. Instruct client to look through magazines to find pictures and quotes they want to use on their vision board.
5. Instruct client to pick up scissors and cut the images out of the magazines.
6. Instruct client to put poster board in front of them.
7. Instruct client to pick up glue or tape.
8. Instruct client to put glue or tape on back of images.
9. Instruct client to place the images on the poster board in the style that they want.
10. Instruct client to pick up marker, pen, pencil or which writing implement that they want to use.
11. Instruct client to write personal mantras and/ or quotes to fill up the poster board.
12. Once the client fills up their vision board, instruct client to place all the materials back where they got them.

Task Analysis

(what the client needs to do to perform the activity)

1. Gather all the materials needed for the vision board (poster board, magazines, pens, pencils, markers, glue).
2. Carry materials over to the table.
3. Sit down in the chair.

4. Look through the magazines and identify pictures and quotes that represent goals and dreams.
5. Pick up the scissors and cut out the images and quotes from magazine.
6. Get in front of the poster board.
7. Pick up glue or tape.
8. Place either glue or tape onto the back of the images and quotes cut out of the magazine.
9. Place images and quotes onto the poster board in the style and design preferred.
10. Pick up pen, pencil, marker, or whichever writing implement that is preferred.
11. Write personal mantras and/ or quotes that represent you to fill up the vision board.
12. Once vision board is finished, clean up if any mess that was made.
13. Gather materials and bring them back to the counter.

Activity Analysis
(inherent skills within the activity)

Category	Skills
Primary body position	
Parts of the body required	
Directionality	
Physical skills	
Cognitive skills	
Sensory abilities	
Communication/language skills	
Social and interpersonal skills	
Self-care skills	
Psychological/emotional (possible)	

Modification
(to meet the therapeutic needs of the client)

How could you simplify the activity?	<ol style="list-style-type: none"> 1. Therapist can keep quiet while client is working on vision board so the client could only focus on making their vision board. 2. Client could use a grasping glove if they are having trouble using the scissors, pens, pencils, markers, and holding the glue. 3. Therapist placing materials on the table for the client so the client does not have to stand up and get them. 4. Give client a smaller poster board so they do not have as much room to fill up.
How could you make the activity more complex?	<ol style="list-style-type: none"> 1. Therapist could talk to the client and ask them questions during the activity to see if the client can multi task.

	<ol style="list-style-type: none">2. Therapist could give client a set time they need to complete the activity.3. Client having to stand up and walk to gather the materials.4. Give client a bigger poster board so they have more space to fill up and think of more goals and visions and have to find more pictures and quotes.
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Any Additional Comments

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