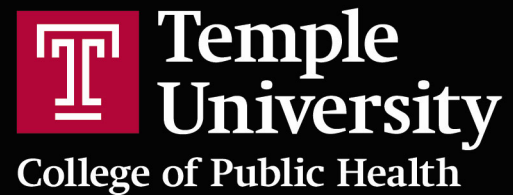


RECREATIONAL THERAPY EVIDENCE BASED PRACTICE CONFERENCE

APRIL 19-26, 2023 - Virtual
April 21, 2023 - In-Person Event



RECREATIONAL
THERAPY PROGRAM

VIRTUAL CONFERENCE PROGRAM

Pre-Recorded Presentations

Assessing Leisure to Inform Treatment Decisions Using the Idyll Arbor Leisure Battery

Johanna Bauer, Plus Student, Macy Kilmer, BSRT Student, Corinne Meyer, Plus Student, Grace Wuillermin, Plus Student; and Heather Porter, (Faculty Mentor)

Development of Recreational Therapy Evidence-Based Program Plans for Strengthening Outcomes (2-part session); mentored by Heather Porter, PhD, CTRS

Pt. 1: A Songwriting Evidence-Based Program Plan to Improve Attention in Adolescents with TBI in Inpatient Rehabilitation

Alexandra Ellis, MSRT student, Rae Ann Ortega, MSRT Student, Nicole Hoffmann, MSRT Student, Lorraine Currow, MSRT Student

Pt 2: A Yoga Evidence-Based Program Plan to Improve Stress Reduction in Adults with Opioid Addiction in Inpatient Rehabilitation

Sarah Carminati, MSRT Student, Isabel Swingle, MSRT Student, Krista Schline, MSRT Student, Kristina Levine, MSRT Student

Effectiveness of Bibliotherapy on Older Adults with Mental Health Conditions

Natalie Reap, BSRT Student, Lindsey LaFountain, BSRT Student; and Aurora Verlin, MS, CTRS (Faculty Mentor)

The Effect of Nature-Based Mindfulness on Wellbeing and Quality of Life

Sarah Carminati, MSRT Student and Steve Sassaman (Faculty Mentor)

Improving Quality of Life for Adults with ASD Using the Broaden-and-Build Theory of Positive Emotions

Nicole Hoffman, MSRT Student and Lindsey Oakes, PhD, LTR, CTRS (Faculty Mentor)

Mindfulness-Based Interventions to Decrease Depressive and Anxious Symptoms in Individuals with Dementia

Tiffany Ceres, CTRS, MSRT Student and Bryan McCormick, PhD, CTRS (Faculty Mentor)

Postural Orthostatic Tachycardia Syndrome (POTS): Using Exercise and Leisure to Treat Depressive Symptoms and Improve Life Quality

Alexis Klocek, MSRT Student and Bryan McCormick, PhD, CTRS (Faculty Mentor)

These Walkers and Canes Were Made for Walkin', and That's Just What We'll Do: Community Mobility


Alyssa Angelaccio, BSRT Student, Ana Canal, Plus Student, Marissa Fisher, Plus Student, Catherine Smith, BSRT Student; and Heather Porter (Faculty Mentor)

Video Gaming for Older Adults with Dementia

Jacob St. Laurant, BSRT Student, Bowen Chen, BSRT Student; and Brandon Snead, MS, CTRS (Faculty Mentor)

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 **Temple
University**
College of Public Health

**RECREATIONAL
THERAPY PROGRAM**

IN-PERSON CONFERENCE PROGRAM

8:30AM-9:00AM

Registration

9:00AM - 10:00AM

Welcome

Continental Breakfast & Internship Agency Appreciation Program

10:15AM - 11:15AM

Why Mattering Matters*

Bryan McCormick, PhD, CTRS & Gretchen Snethen, PhD, CTRS

11:15AM - 12:15PM

KEYNOTE: Getting Well with Wellie: Animal-Assisted Therapy and RT

Jessica Hetrich, CTRS & Wellie

12:30-1:30PM

Awards Luncheon

1:45PM - 2:45PM

Option 1: The New NCTRC Job Analysis**

Ann Dolloff, MS, CTRS

Option 2: Tour of Ambler Greenhouse Education and Research Center & Low Ropes

Challenge Course***

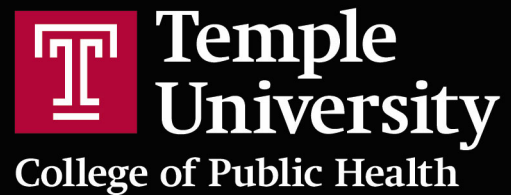
*These sessions will be available for CEUs in person and will be recorded and available on the virtual conference website for CEUs

**This session will not be recorded, but will be available for CEUs in person

***There will be no CEUs available for this session

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RECREATIONAL
THERAPY PROGRAM

CONFERENCE PROGRAM

Conference Format: Most conference sessions are pre-recorded and can be watched anytime during the conference. Most in-person conference sessions will be recorded and available online after the date of the in-person event.

Technology Requirements: Virtual conference attendees must have a functioning computer with a reliable high-speed internet connection. Temple is not responsible for any disruptions in the conference due to technical or connectivity issues experienced by the attendee. It is recommended you use the Google Chrome browser on your computer.

Registration: Conference registration through Temple University's Continuing Education System (Destiny One) will open on March 20, 2023 and close on April 24, 2023 at 11:59 pm Eastern Standard Time. If you have any questions, please contact the Recreational Therapy Program at rtprogram@temple.edu.