The TR Service Delivery Model:

Maximizing Quality of Care in Long-Term Care Facilities

Ilana Konel

Overview

- Approximately 14.5% of the U.S. population are senior citizens
- ~31,000 long-term care facilities in the United States as of 2015
- High demand for long-term care facilities, and a demand in the level of care provided
- Concerns regarding abuse and neglect, unmet resident needs, and worker training and competency

TR Service Delivery Model

- Comprised of four components:
 Diagnosis/needs assessment,
 Treatment/rehabilitation, Education,
 Prevention/health promotion
- Works alongside TR Outcome Model
- Focuses on an individual's overall quality of life in regards to the functional domains (cognitive, psychological, physical, spiritual, and social)
- Continuum models

Linking Model to Issue

- Continuum allows for flexibility in client abilities
- TR Service Delivery and Outcome Models allow for client empowerment, which helps aid their overall well-being

IMPLICATIONS

- RT should be an advocate for elderly population
- RT should promote client empowerment by implementing activities that bring joy, meaning, and fulfillment to the resident
- RT can provide education for staff to ensure residents receive proper care.

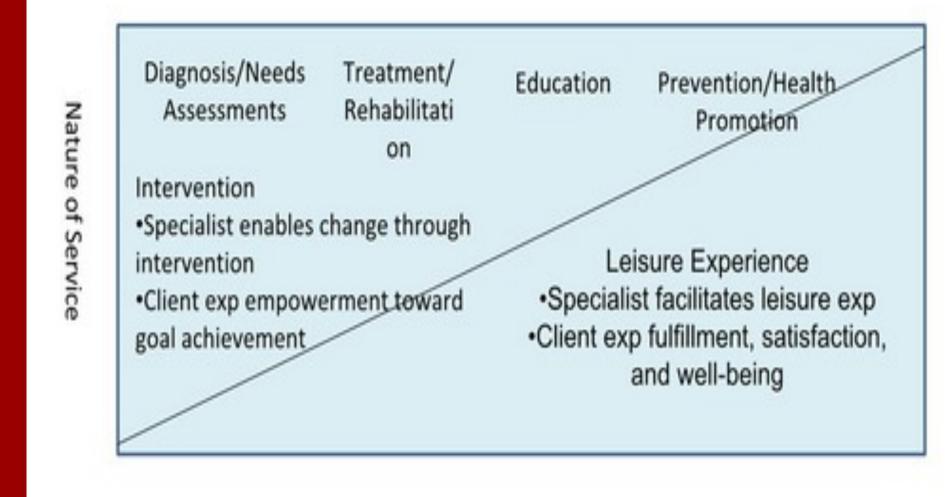


Implementing the TR Service Delivery and TR Outcome Models will help increase quality of life and maximize care in long-term care facilities.





TR Service Delivery Model



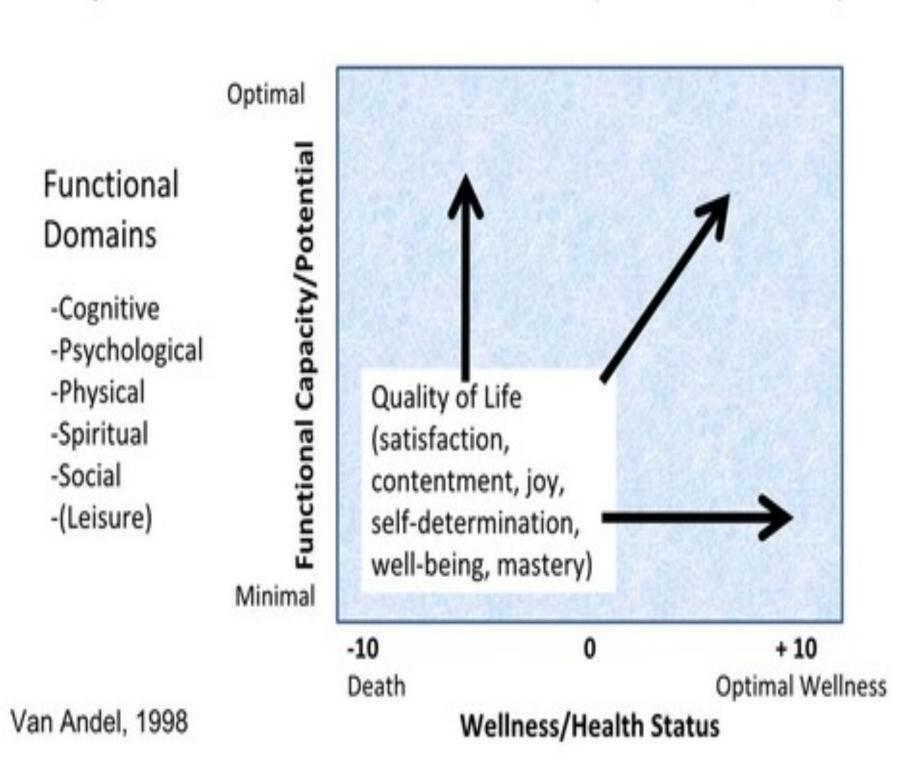
Client provides informed consent

Nature of TRS/Client Interaction

Client makes rational choices and is self-sufficient/independent

Sufficient/independent

Therapeutic Recreation Outcome Model (Van Andel, 1998)



References

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Abstract: It is estimated that out of approximately 328 million people in the United States, there are 47 million (14.5%) senior citizens. With the elderly population continuing to grow, there is a high demand for more long-term care facilities, and with that, a higher demand of care. However, there are concerns regarding abuse and neglect, unmet resident needs, and worker competency that may hinder a resident's overall well-being and quality of life. The TR Service Delivery Model, working alongside the TR Outcome Model, serves to provide optimal care to residents to help improve their health and overall quality of life, as well as provide modeling and education of proper care to staff.

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