A CTRS following the TR Service Delivery and TR Outcome Models can assist an individual with DD in developing the skills needed for a successful transition from high-school to adulthood.

References
Poster title: **Delivering Recreational Therapy Services to Support Outcomes In Young Adults with Developmental Disabilities As They Transition Out of Services**

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Abstract:

Developmental disabilities (DD) are a cluster of long-term, chronic conditions categorized as severe manifesting before the age 22. About 15% of children under 17 have one or more DD. Children with a DD are provided greater support systems, special education services, and opportunities than are young adults. After high school these services become difficult to find and afford, negatively impacting quality of life. As an RT seeks to design appropriate interventions and leisure experiences for this population, they should consider using the TR Service Delivery and Outcome Models to guide their practice. These models can be utilized as a hybrid model to address leisure and health outcomes with an intent to improve functional capabilities. Providing tailored leisure experiences per the models will allow individuals to develop skills for a successful transition, empowering them to access opportunities that will improve their health, wellness, and QOL.

Full list of references:


Developmental Disabilities Assistance and Bill of Rights Act, 42 U.S.C. § 15001 et seq.

