

World Health Organization Disability Assessment Schedule 2.0 (WHO-DAS 2.0)

Free, available at <http://www.who.int/classifications/icf/whodasii/en/>

Pop	Time	Purpose	Measures	Scoring	Notes
<p>Adults, all diseases including mental, neurological, and addictive disorders</p> <p>NOTE: Applicable in both clinical and general population settings. Applicable across cultures. Directly linked to the level of the concepts in the ICF.</p>	20 mins	Generic disability assessment of health and disability. It is a self-report instrument related to the extent of difficulty performing specific tasks.	<ol style="list-style-type: none"> 1. Cognition (understanding and communicating) 2. Mobility (moving and getting around) 3. Self-care (hygiene, dressing, eating, and staying alone) 4. Getting along (interacting with other people) 5. Life activities (domestic responsibilities, leisure, work, and school) 6. Participation (joining in community activities) 	<p>Comes in 12 and 36 item instruments. Each question is answered using the following:</p> <p>0 = no difficulty 1 = mild difficulty 2 = moderate difficulty 3 = severe difficulty 4 = extreme difficulty or cannot do</p> <p>Use the “Complex” scoring Excel document to calculate a percentage. Scores range from 0-100, where 0 = no disability; 100 = full disability.</p>	Can administer separate sections of the tool (e.g., getting along with others, participation), however normative scores for separate components are not available.

WHO-DAS 2.0 Completed Example (*using the complex scoring Excel document)

WHO-DAS 2.0

When scoring WHO-DAS 2.0, the following numbers are assigned to responses.

0 = No difficulty

1 = Mild difficulty

2 = Moderate difficulty

3 = Severe difficulty

4 = Extreme difficulty or cannot do

Understanding and communicating		
D1.1	Concentrating on doing something for ten minutes?	2
D1.2	Remembering to do important things?	1
D1.3	Analyzing and finding solutions to problems in day-to-day life	2
D1.4	Learning a new task, for example, learning how to get to a new place?	2
D1.5	Generally understanding what people say?	1
D1.6	Starting and maintaining a conversation?	1
	Domain Score	37.50%
Getting around		
D2.1	Standing for long periods such as 30 minutes?	4
D2.2	Standing up from sitting down?	3
D2.3	Moving around inside your home?	2
D2.4	Getting out of your home?	3
D2.5	Walking a long distance such as a kilometer (or equivalent)?	4
	Domain Score	80.00%
Self-care		
D3.1	Washing your whole body?	2
D3.2	Getting dressed?	2
D3.3	Eating?	0
D3.4	Staying by yourself for a few days?	4
	Domain Score	50.00%

Getting along with people		
D4.1	Dealing with people you do not know?	1
D4.2	Maintaining a friendship?	1
D4.3	Getting along with people who are close to you?	1
D4.4	Making new friends?	2
D4.5	Sexual activities?	3
	Domain Score	40.00%
Life activities		
D5.1	Taking care of your household responsibilities?	2
D5.2	Doing most important household tasks well?	3
D5.3	Getting all the household work done that you needed to do?	2
D5.4	Getting your household work done as quickly as needed?	1
D5.5	Your day-to-day work/school?	2
D5.6	Doing your most important work/school tasks well?	2
D5.7	Getting all the work done that you need to do?	2
D5.8	Getting your work done as quickly as needed?	1
	Domain Score	46.88%
Participation in society		
D6.1	How much of a problem did you have in joining in community activities (for example, festivities, religious or other activities) in the same way as anyone else can?	3
D6.2	How much of a problem did you have because of barriers or hindrances in the world around you?	4
D6.3	How much of a problem did you have living with dignity because of the attitudes and actions of others?	3
D6.4	How much time did you spend on your health condition, or its consequences?	3
D6.5	How much have you been emotionally affected by your health condition?	3
D6.6	How much has your health been a drain on the financial resources of you or your family?	4
D6.7	How much of a problem did your family have because of your health problems?	3
D6.8	How much of a problem did you have in doing things by yourself for relaxation or pleasure?	4
	Domain Score	84.38%
	Overall Score	56.46%

Narrative Summary of Findings

Here's an example of how you might document the above findings:

According to the World Health Organization Disability Assessment Schedule 2.0 (WHO DAS 2.0), pt's overall extent of disability is moderate (overall score = 56.46%). In regard to specific domains, extent of disability is relatively low in Understanding and Communicating (domain score = 37.5%) and Getting Along With People (domain score = 40%); moderate in Life Activities (domain score = 46.88%) and Self-Care (domain score = 50%); and high in Getting Around (domain score = 80%) and Participation in Society (domain score = 84.38%).