

Quality of Life for People with Dementia (QUALIDEM)

Free, Available at <http://dementiakt.com.au/doms/domains/qol/qualidem/>

Pop	Time	Purpose	Measures	Scoring	Notes
Older adults (moderate to severe dementia)	15 mins	Quality of Life	Quality of Life in 9 domains A = Care relationship B = Positive affect C = Negative affect D = Restless tense behavior E = Positive self-image F = Social relationships G = Social isolation H = Feeling at home I = Occupation *J = Other questions for further research	<p>This is a 40-item tool. There is also a shorter version for those with severe dementia which measures 6 of the original 9 domains (see manual).</p> <p>Completed by observer who is familiar with person's behavior and interacts with the person frequently on a daily basis.</p> <p>Scores are assigned by the observer based on the person's behavior <u>over the past 2 weeks</u>.</p> <p>Never Seldom/maximum of 1x/wk Sometimes/a few times a wk Often/almost daily</p> <p>A specific letter (A through J) is associated with each of the 9 domains in the tool. Add up the score for each letter. Each domain has a different range of scores. The lower the score the more concerning.</p> <p>*The developer advises NOT to calculate an overall score. Individual domain scores are used to create an individualized profile for the person from which effects of interventions can be compared.</p>	

QUALIDEM Completed Example

QUALIDEM

Name: _____ Date: _____

The questionnaire contains 40 items. Fill in the questionnaire together with a colleague, based on your observations during the passed week. Answer each question and indicate the number that most closely represents your observations. An answer is never wrong, it indicates what resembles reality most closely from your perspective. Do not overthink the question, the first answer that comes to mind is usually the best. If you and your colleague disagree on an item, try to find a consensus.

Never = Never
 Seldom = Maximum once a week
 Sometimes = A few times a week
 Often = Almost daily

		NEVER	SELDOM	SOMETIMES	OFTEN	
1	Is cheerful	0	1	2	3	B
2	Makes restless movements	3	2	1	0	D
3	Has contact with other residents	0	1	2	3	F
5	Rejects help from nursing assistants	3	2	1	0	A
5	Has a contented appearance	0	1	2	3	B
6	Makes an anxious impression	3	2	1	0	C
8	Is angry	3	2	1	0	A
8	Is capable of enjoying things in daily life	0	1	2	3	B
9	Does not want to eat	3	2	1	0	J
10	Is in a good mood	0	1	2	3	B
11	Is sad	3	2	1	0	C
12	Responds positively when approached	0	1	2	3	F
13	Indicates that s/he is bored	3	2	1	0	H
17	Has conflicts with nursing assistants	3	2	1	0	A
15	Enjoys meals	0	1	2	3	J
16	Is rejected by other residents	3	2	1	0	G
17	Accuses others	3	2	1	0	A
18	Takes care of other residents	0	1	2	3	F
19	Is restless	3	2	1	0	D
20	Rejects contact with others openly	3	2	1	0	G
21	Smiles	0	1	2	3	B
22	Has tense body language	3	2	1	0	D
23	Cries	3	2	1	0	C
24	Appreciates help that he or she receives	0	1	2	3	A

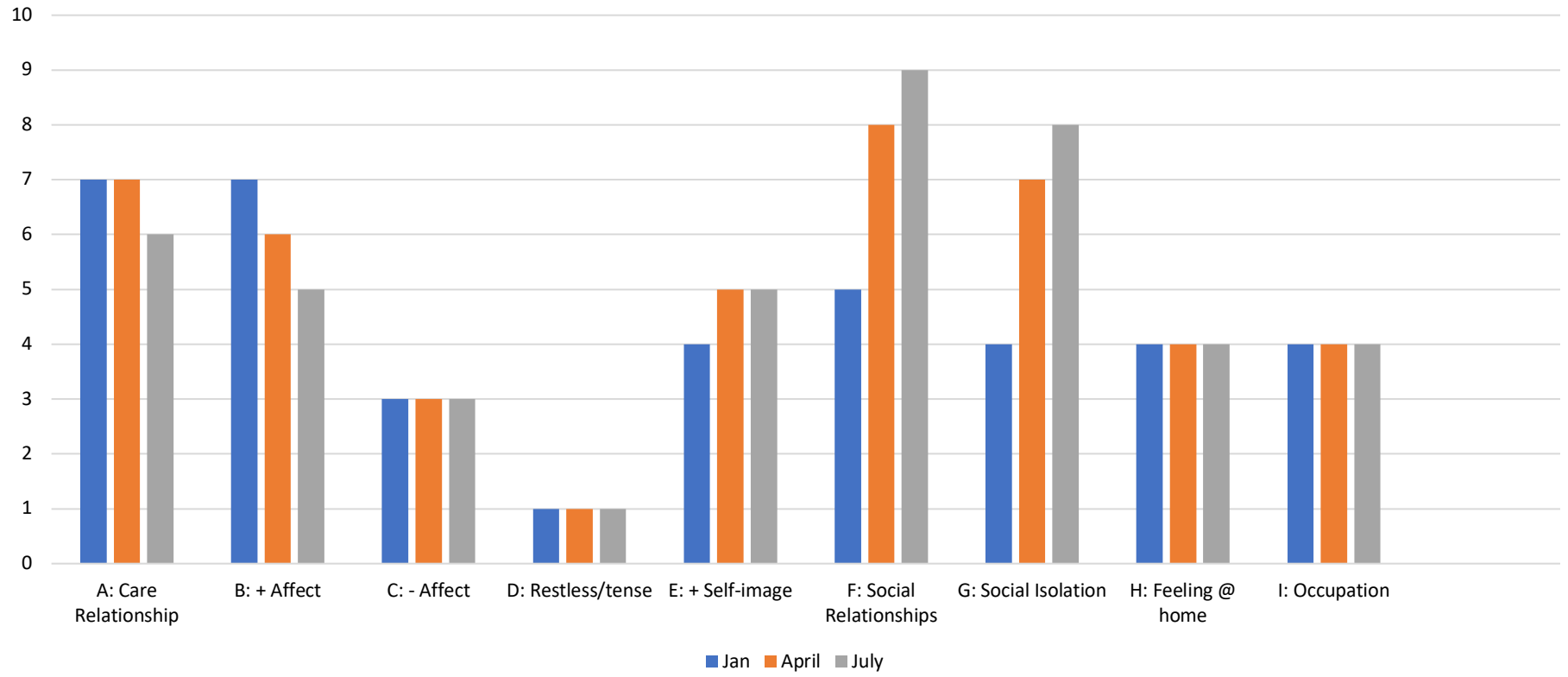
		NEVER	SELDOM	SOMETIMES	OFTEN	
25	Cuts oneself off from environment	3	2	1	0	F
26	Finds things to do without help from others	0	1	2	3	I
27	Indicates s/he would like more help	3	2	1	0	E
28	Indicates feeling locked up	3	2	1	0	H
29	Is on friendly terms with one or more residents	0	1	2	3	F
30	Likes to lie down (in bed)	3	2	1	0	J
31	Accepts help	0	1	2	3	A
32	Calls out	3	2	1	0	G
33	Criticizes the daily routine	3	2	1	0	A
34	Feels at ease in company of others	0	1	2	3	F
35	Indicates not being able to do anything	3	2	1	0	E
36	Feels at home on the ward	0	1	2	3	H
37	Indicates feeling worthless	3	2	1	0	E
38	Enjoys helping with chores on the ward	0	1	2	3	I
39	Wants to get off the ward	3	2	1	0	H
40	Mood can be influenced in a positive sense	0	1	2	3	B

Scoring: the capital letter behind each item indicates the specific subscale. Total the scores for each subscale.

Subscale (# of items)	Range	Score
A: Care relationship (7)	0 – 21	A
B: Positive affect (6)	0 – 18	B
C: Negative affect (3)	0 – 9	C
D: Restless tense behaviour (3)	0 – 9	D
E: Positive self image (3)	0 – 9	E
F: Social relationships (6)	0 – 18	F
G: Social isolation (3)	0 – 9	G
H: Feeling at home (4)	0 – 12	H
I: Occupation (2)	0 – 6	I
J: other questions for further research		J

heatherporter
 A = 7
 B = 7
 C = 3
 D = 1
 E = 4
 F = 5
 G = 4
 H = 4
 I = 4

QUALIDEM: Resident "A"



Narrative Summary of Findings

Here's an example of how you might document the above findings:

According to the Quality of Life for People with Dementia (QUALIDEM), ct is exhibiting behaviors over the past 2 weeks indicating QOL impairments (lowest to highest): Restless/Tense Behavior 1/9, (-) Affect 3/9, + Affect 7/18, Care Relationship 7/21, Feeling at Home 4/12, Occupation 4/6, (+) Self Image 4/9, Social Isolation 4/9, & Social Relationships 5/9

*Consider adding a graph to a resident's chart to track individualized QOL profile. This will make more sense to the reader as scores are tracked over time.