**Leisure Interest Measure (LIM)**

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<th>Pop</th>
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<th>Measures</th>
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| Moderate to no cognitive impairment, IQ 80 or higher, mental age of 12 or older, Ranch 7 or higher, mild to no orientation disability | 5-10 mins | To measure how much interest the client has in each of the eight domains of leisure | Physical, Outdoor, Mechanical, Art, Service, Social, Cultural, Reading | Scale 1 = never true, 2 = seldom true, 3 = somewhat true, 4 = often true, 5 = always true | RT assessment tool. Used in a variety of settings to determine types of activities person enjoys. Sometimes clients don’t know what they like to do. Determining the “type” of things they enjoy (high scores) will help you narrow down leisure activities for exploration. Attention however, should not be given to high scores only. Sometimes clients rate items low because they are unfamiliar with it or have never tried it. Consequently, low scores can also indicate areas for exploration.  

Low scores (1 or 2) = low interest; may indicate need for education about activities within domain  

High scores (4 or 5) = high interest; high scores in all areas may indicate a tendency toward mania, reading comprehension difficulties, or other problems – further evaluation needed |
LEISURE INTEREST MEASURE (LIM)

Purpose: The purpose of this assessment is to find out what kind of leisure activities you want or prefer to do.

Directions: Listed below are 29 statements. To the left of each statement is a box to indicate how true that statement is for you. A “1” means that the statement is never true, “2” means that it is sometimes true, “3” means that it is often true, and “4” means that it is always true. Write down the number that best fits your situation.

Definition: “Leisure Activities” are those things that you do that are not part of your work and are not part of your basic grooming needs.

<table>
<thead>
<tr>
<th>1</th>
<th>NEVER TRUE</th>
<th>2</th>
<th>SELDOM TRUE</th>
<th>3</th>
<th>SOMEWHAT TRUE</th>
<th>4</th>
<th>OFTEN TRUE</th>
<th>5</th>
<th>ALWAYS TRUE</th>
</tr>
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<tr>
<td>3.</td>
<td>1. I like to read in my free time.</td>
<td></td>
<td>5</td>
<td>17. I like repairing or building things in my leisure time.</td>
<td></td>
<td>4</td>
<td>18. I prefer leisure activities which require creativity.</td>
<td></td>
<td>3</td>
</tr>
</tbody>
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**SAMPLE**

Do Not Copy

Patient's Name
Admit # Room/Bed

A Physical Domain = 1
B = Outdoor Domain = 2.25
C = Mechanical Domain = 1
D = Artistic Domain = 2.5
E = Service Domain = 1

F Social Domain = 3
G = Cultural Domain = 1
H = Reading Domain = 3
Narrative Summary of Findings

Here’s an example of how you might document the above findings:

Findings from the Leisure Interest Measure (LIM) indicate moderate interest in outdoor (B=3.75), artistic (D = 3.25), social (F=3), and reading (H=3) activities; and low interest in physical (A=1), mechanical (C=1), service (E=1), and cultural (G=1) activities. Low interest scores may also indicate a need for education about these activities (chose low scores because unfamiliar with the activities rather than lack of interest). RT to further explore.