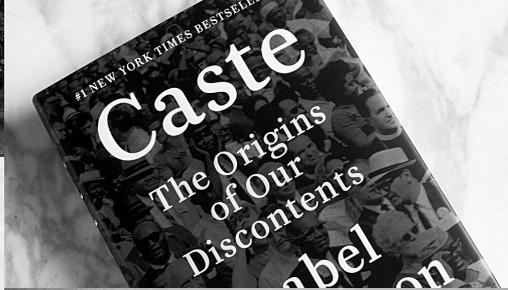


*before there was a USA,
there was a caste system*



*caste is the infrastructure
of our divisions*

THE 4 E'S TO DISRUPTING STEREOTYPES

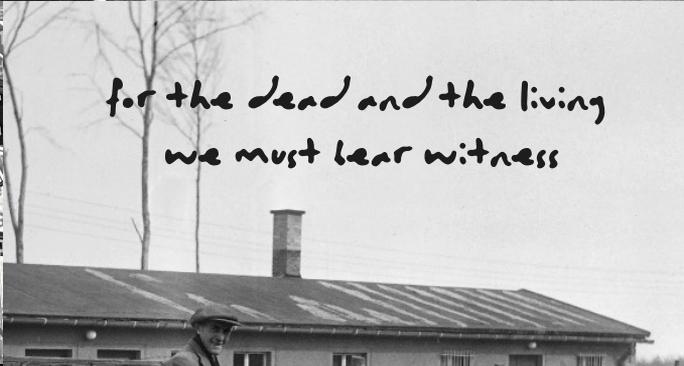
engagement

Throughout our *Rocking The World: Disrupting Stereotypical Notions of Race, Class and Religion*

class, we discussed the four E's to disrupting stereotypes, and how we can use them in our everyday life going forward.

Engagement was second E, but in regards to this program, I feel as if our class was engaged first. We analyzed the book *Caste* by Isabel Wilkerson *together*, engaged in conversation with each other, and studied the lectures and videos we were presented, which allowed us to then experience the other E's in the goal of disrupting stereotypes.

freedom by any means necessary



THE 4 E'S TO DISRUPTING STEREOTYPES

education & empathy

When it came time for our class to embark on our journey through Washington, D.C., we were fully immersed in the teachings and emotions that both the National Museum of African American History and Culture and the United States Holocaust Memorial Museum had to offer. We were shown photographs, preserved anecdotes, letters, videos, and more that revealed the raw truth of what happened during those times throughout history. This allowed us to experience two E's simultaneously: education and empathy. We were able to further educate ourselves on the events that took place, while also allowing us to feel empathetic for the people who lived during those times. This led us to experience the fourth and final E in the goal of disrupting stereotypes.



EXPERIENCE OF THE
SIMPLY PUT, TO GET TO THE
COUNTRY ONE MUST EXAMINE ITS RACIA

ERIC HOLDER

HISTORY, DESPITE ITS WRENCHING PAIN,
CANNOT BE UNLIVED,
BUT IF FACED WITH COURAGE,
NEED NOT BE LIVED AGAIN.

MAYA ANGELOU

THE 4 E'S TO DISRUPTING STEREOTYPES

empower

After we returned home from Washington, D.C., we all got to finally experience the last E: empowerment. We got to soak in everything that we saw, learned, and experienced in order to use it to start conversations with others about the caste system and why it's important to understand it. We have seen progress in the past few years, whether it be through protests, social media movements, and more - but now that we have studied the history and engaged with it, we have the opportunity to empower others to stand beside us as we begin to move forward in a world where caste doesn't exist.