# THRIVE Bridge Clinic

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**Volunteer Orientation** 

### History of THRIVE

- Restructuring of TEAC's micro-clinic and health literacy programs
- Temple's first student run free bridge clinic
- Serves individuals residing at the One Day At A Time shelter (ODAAT)
  - Previously open to everyone





#### Clinic Overview

- Student-led clinic with the guidance of Dr. Jennifer Aldrich and Dr. David O'Gurek
- Service ODAAT residents Tuesday, 6-8 pm
  - Operate out of the men's shelter
  - Service both Men and Women's shelter
  - Groups leave school together
    - Leave MERB @ ~5:30
  - Clinic opens at 6:00

Bridge Clinic

- Last patient is accepted at 7:30
  - Temple physician preceptors



## Why do we have a clinic?

- The overarching goals of clinic are to directly address structural inequities in access to care in North Philly, specifically serving people experiencing homelessness and SUD
- THRIVE is a collaboration between LKSOM students and community members living in North Philadelphia that addresses the following aspects of health:
  - I. Knowledge- clear messaging and teaching tools to answer pt questions and educate pts on their health and wellness
  - II. Self-efficacy- listening to the patient's own goals and connecting them with the appropriate resources
  - III. Motivation-provide motivation for healthy life practices
  - IV. Health- promoted with appropriate, acute care, health and wellness packets and connections to resources
  - V. Accessibility of care-the clinic will operate in an accessible manner and will be placed in a location(s) that are convenient for community members

## NOT why we have clinic:

While this happens to also educate medical students about inequities and also provides opportunities to directly learn in a hands-on approach, the primary goals are to to assess and address specific needs that will improve the health of those who come to our clinic

**NOT** students practicing medicine on marginalized populations