

ACTIVITY WRITE-UP

Name of Activity: Word Collection Jar

Type of modality	Creative Writing
Type of play	Solitary or Parallel
Interaction pattern	Extra Individual or Aggregate
# of participants required	1 or more
Equipment/supplies	Magazines, old picture books, one piece of stationary paper or scrapbook paper per participant, scissors, glue sticks, scrap paper, markers, pens
Facilities required/environment	Table, arm space, low volume environment, chairs
Precautions	Patients with negative self-views/low self-esteems may have trouble with this assignment and need extra encouragement. Caution should be used around patients with mental illness and scissors. Safety scissors may need to be used. RT should pay extra mind to children around glue as they may ingest it. Adapt small equipment for any participants with grasp issues.

Directions

1. Flip through magazines/picture books, looking for words that describe oneself.
2. Each participant should cut out any word that describes who they are, who they want to be, who they don't want to be, or anything that sticks out to them.
3. Repeat step 2 until participants have at least 15 meaningful words, the more the better.
4. Using scrap paper, draft a paragraph or poem using as many cut out words as possible. For this step clients will only be writing cut out words and not using the actual cut outs.
5. Once paragraph is complete and approved, participants transfer their work to the stationary. For this step clients will write most of their paragraph or poem with pen or marker, but they will place the actual cut out words where they belong in the paragraph.
6. Glue down the cut outs to their place on the stationary.
7. If working with group: Read paragraphs after completion.
8. If working with group: Discuss paragraphs after completion.

Activity Analysis

Category	Skills
Primary body position	Dynamic sitting
Part of the body required	Upper Extremity

Movement	Reaching, grasping, forearm movement, pincer grasp, bending, scissor grasp, pulling, putting down/picking up small objects
Physical	Fine Motor Control, muscle strength, upper extremity range of motion
Cognitive	Alertness, focused attention, sustaining attention, categorization, concept formation, concentration, simple decision making, short term memory, judgment, orientation to self, organization and planning, reading, recognition of number, size and shape, sequencing, spatial operations, spelling, strategy, abstract thought, writing.
Social	Interpersonal interactions, maintaining social space, relating with equals, self-expression, social cues, showing respect & warmth
Perception	Tactile, visual, spatial
Communication/language	Reception to spoken language, reception to written language, reception of signs and symbols, expression of written language
Self-care	None
Psychological/emotional (possible)	Joy, Frustration

How to Simplify the Activity

Have a template ready with sentences such as “I feel ____ today,” and have participants cut out words that make sense to fill in the blank.

Help participants cut/glue/write/spell as needed

Allow participants to cut out individual letters to create words

How to Make the Activity More Complex

Have words already cut out and have participants fit them into a story about themselves

Have a theme set and have participants make a story that fits the theme

Have participants work together to create a paragraph or poem that describes their dynamic as a group.

Other Comments