

ACTIVITY WRITE-UP

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Name of Activity: Virtual walk down memory lane

Type of modality	Computer Technology
Type of play	Solitary, Shared Cooperative
Interaction pattern	Aggregate
# of participants required	2 (for the first time so the participant learns how to use Google maps)
Equipment/supplies	Computer or tablet
Facilities required/environment	A quiet area
Precautions	Make sure the participant is comfortable visiting places in their past.

Directions

1. Open the laptop and turn it on
2. Go on the web browser and type in "google maps"
3. Ask participant where they had happy memories or where they want to visit in the world (e.g., old school, great wall of china, etc)
4. Have the participant write down the address or location that they want to visit
5. Bring up the desired destination the participant wants to visit
6. Show the participant how to travel through the streets by using the mouse
7. Have participant talk about memories or reasons why they chose that destination
8. Have the participant go to another destination (This way you will know if the participant can work the app on there own.)

Activity Analysis

Category	Skills
Primary body position	Sitting
Part of the body required	Hands
Movement	Turning/ twisting hands and arms
Physical	Balance: Dynamic sitting, Fine muscle coordination,
Cognitive	Orientation: Place, Orientation: Topographical, Decision making, Organization and Planning, Attention: Sustaining Attention

Social	Self-expression, Marinating Social Space
Perception	Visual function
Communication/language	Reception to spoken language
Self-care	N/A
Psychological/emotional (possible)	Joy, Anger, Pain (if the destination brings back a bad memory)

How to Simplify the Activity

Go on a virtual tour in a place in the world that the participant has never been able to visit. This will give the participant the opportunity to see places all over the world.

How to Make the Activity More Complex

Have the participant think of memories they had at the particular destination. Ask the participant if they notice any changes that occurred at the selected location. These memories should be positive to enhance the participant's emotions.

Other Comments

The best populations to do this activity with are people who have been stuck in a hospital or long term home, people with dementia, and people that are showing depressive symptoms (bringing back happy memories might decrease there depression.)