

## Sensory Stimulation Kit

### Theme: Baseball Game

#### Supplies:

Contents- Baseball, Baseball Card, Book of Greatest Games, Cracker Jacks, Peanuts, Score Card, Baseball Hat, Rally Towel, Popcorn, Take me Out to the Ball Game CD, Ticket to game, Sunflower seeds

Additional Items- CD player to play song, microwave to make popcorn, napkins, water to drink

#### Activities:

Visual- Look at the book of greatest games with client and point to different team logos on jerseys and hats and have client name the team. If the name is written on the jersey, have the client name the city that the team plays in. Ask the client if they have a favorite baseball team or a team that they like to root for. Next, show the client the baseball cards of famous players both past and present. Ask client if they are able to name any of the players and if they know which team(s) they played for or currently play for. Ask the client if they have a favorite baseball player and if they have a particular reason why that player is their favorite. Then, show the client the scorecard and ask them if they have ever kept score during a game. If they did, ask if they still know how to keep score and if they remember any of the symbols used (some score cards have examples).

Auditory- Use a CD player to play the Take Me out to the Ballgame CD. Ask the client to sing along with you and the CD if they know the words. See if the client knows when the song is sang during a game (7<sup>th</sup> inning stretch).

Tactile- Hand the client the baseball. Ask them if they ever played baseball growing up and if they have any special memories from playing the game. Ask the client if they ever caught a baseball at a game or if they have ever gotten a baseball signed by a player. Next, give the client

a baseball ticket. Talk about the first memory they have going to a baseball game (who played? Where? Who won?). Then ask about the last time they attended a baseball game. Discuss how games have changed over the years and discuss their favorite part of attending games. Talk about the best game they have ever been to and if they ever attended a special game (playoff, no hitter, record breaker). Next, hand the client the baseball hat and have the client put it on. Ask if they own a favorite baseball hat or if there was a team's hat that they would like to own. Last, hand the client the rally towel. Ask if they ever received one at a game (usually during playoffs or opening day). Show the client how to wave the towel and if they are able, have them wave it.

Smell- Ask the client about what they remember a baseball game smelling like. Was it good or bad? Ask if the smells have changed (different food, grass vs turf). Pop the bag of popcorn and have client smell it. Next, open the bag of sunflower seeds and have the client smell them. Talk about the difference in smell and ask if one is stronger than the other or if they prefer one to the other.

Taste- Bring out the peanuts and cracker jacks. Ask if the client has ever had them at a game. Ask the client about other foods that they have had at a game and what their favorite is. If allowed, have the client taste that peanuts, sunflower seeds, cracker jacks, and popcorn. Have a glass of water there for the client to drink. Discuss the taste of each and if it is something they enjoy eating.