

Sensory Stimulation Kit

Theme: Sports

Supplies:

Kit Contents: Photo sport cards, sports ticket, fabric piece (turf), CD of known sporting music, Gatorade, peanuts, soft pretzel, deodorant, sport bag refresher, whistle, sports section of the newspaper, softball, DVD.

Additional Equipment/ Supplies Required: Video player & TV to show movie clip, CD player to play music.

Activities

Visual: Show the sports cards, and ask the client if they can name the players. If client is having trouble with naming players, give hints/choices and have the client guess. Ask client if he/she has a favorite team, player or sport. Did client play sports in their past. If so, what sport/ sports? Play a clip from a famous sports movie, and ask client if they can name the movie. Ask client if they have a favorite sports movie. Ask client how they use to watch their movies (e.g. VCR, DVD, Laptop.) Did client own any sports movies? Ask client their preference on either watching a sports game on TV or attending an event. Discuss the history of their home stadium over the years (e.g. has the name of the stadium changed? Has it been rebuilt, or were additions made to stadiums.) Has the client ever been to any stadiums? If so, which one and where is it located? Look at the sports section in the newspaper. Discuss current topics. What teams are looking hot and not so hot.

Additional questions: Ask client if they remember their first sporting event they attended? Who did you attend with? What sporting events did you enjoy the most when attending?

Auditory: Play songs off of a CD that pertain to sports (e.g. national anthem, rocky song, fly eagles fly, take me out to the ball game.) Ask client if they remember the words or if it was played when they attended events. When thinking about sports, ask client if any other songs come to their mind. Ask client what their favorite and least favorite sport songs are. Next, have client shut their eyes while RT uses a whistle. Ask client when a whistle is used in a sporting event.

Tactile: Place a sporting event ticket in client's hand. Ask client how much they think a sporting event ticket cost today compared to what they paid when attended. Ask the client to describe and demonstrate how tickets are collected when entering games. Have client describe the inside of the stadium (e.g. seats, weather) Next, give client a piece of turf to feel. Ask how this reminds them of sports (e.g. Where is it located, why do they choose to use it.) Again, have client close their eyes. Place softball in their hands and see if they can name the type of ball/ the sport it is used in. If client is having trouble give them hints (e.g. this sport involves a bat, known to be more of a girls sport than boys.)

Smell: When client thinks of sports ask what smells come to minds first. What do you smell when walking into a sporting event? Let client smell a sport deodorant and sport bag refreshers. What does this smell remind them of?

Taste: Ask client what items come to mind when they think of sports. What snacks and drinks did clients buy when attending or playing sporting events. How much did the items cost? Offer client Gatorade, peanuts, or a soft pretzel. See if client can describe the taste (e.g. salty, cold, smooth, sugary, etc.) prior to eating

