

ACTIVITY WRITE-UP

Name of Activity: Puzzling it together

Type of modality	Arts and Crafts Self-expression
Type of play	Parallel; could be Shared Cooperative if puzzles are put together as a group after
Interaction pattern	Intra-group
# of participants required	2-?
Equipment/supplies	<ul style="list-style-type: none"> • Blank Puzzles (one for each participant) • Markers/crayons/paint • Paint brushes (if using paint)
Facilities required/environment	<ul style="list-style-type: none"> • Room with tables and chairs • Should be enough tables for participants to have enough room but still close enough for conversation and sharing of supplies.
Precautions	<ul style="list-style-type: none"> • Making sure puzzle pieces are not eaten (children or pt with dementia). • Provide non-slip mats to keep puzzle in place while coloring

Directions

1. Have participants find a seat at the table
2. Hand out a puzzle to each participant
3. Spread out supplies so that they are accessible to each participant although sharing will be required
4. Before beginning, discuss activity and possible ideas for puzzles
5. Have participants design their own puzzle using the materials provided
6. Promote discussion throughout creating puzzles and promote use of positive encouragement
7. After everyone has completed their puzzle, ask if anyone would like to share theirs with the group.
8. Have participants take their puzzle apart and complete it
9. After they have completed their own puzzle, split them into groups of 3 or 4 (depending on size of group)
10. After giving each group 15-20 minutes, go around and have each person show their puzzle and explain what they made and why.

Activity Analysis

Category	Skills
Primary body position	Sitting

Laura Puma

Part of the body required	Upper Extremity
Movement	Carrying in the hands, grasp, picking up, putting down objects, reaching, turning or twisting of hands
Physical	Dynamic sitting, Bilateral integration, Fine motor coordination, AROM UE,
Cognitive	Alertness, Focused attention, sustaining attention, simple decision making, concentration, Organization and Planning, Simple Problem solving, Shape Recognition, Strategy
Social	Conversation (starting, sustaining, and ending), Interpersonal interaction, maintaining social space, physical contact, relating to equals, regulating behavior, self-expression, showing respect and warmth, social conduct
Perception	Tactile, Visual, Auditory
Communication/language	Reception to spoken language, expression of spoken language
Self-care	none
Psychological/emotional (possible)	Joy, frustration

How to Simplify the Activity

Make smaller puzzles (less pieces)

Don't make them put puzzle together (decreased fine motor skills)

How to Make the Activity More Complex

Have a certain theme that participants have to follow

Time groups to see who can complete puzzle the fastest

Make bigger puzzles (with more pieces)

Other Comments