

### ACTIVITY WRITE-UP #3

**Name of Activity:** Holey Tarp

Type of modality	<ul style="list-style-type: none"><li>• Cooperative Game</li></ul>
Type of play	<ul style="list-style-type: none"><li>• Shared Cooperative</li></ul>
Interaction pattern	<ul style="list-style-type: none"><li>• Intra-Group</li></ul>
# of participants required	<ul style="list-style-type: none"><li>• 4+</li></ul>
Equipment/supplies	<ul style="list-style-type: none"><li>• Tarp with 5 holes cut into it (one near each corner, one in the middle)</li><li>• Tennis ball</li></ul>
Facilities required/environment	<ul style="list-style-type: none"><li>• Open space with no furniture or obstacles</li></ul>
Precautions	<ul style="list-style-type: none"><li>• N/A</li></ul>

#### Directions

1. Have everyone hold the tarp around the edges.
2. Place the tennis ball on one end of the tarp
3. The group must circumnavigate the tennis ball around the tarp.
4. You may not cover the holes with anything, or use body parts to keep the ball on the tarp
5. The tennis ball must travel along the sides of the tarp, around the holes.
6. If the ball falls in one of the holes, the group must start over again.
7. Once the group has mastered this a couple times, have them switch directions, or start from different corners of the tarp.

#### Activity Analysis

Category	Skills
Primary body position	<ul style="list-style-type: none"><li>• Standing</li></ul>

Part of the body required	<ul style="list-style-type: none"> <li>• All body parts</li> </ul>
Movement	<ul style="list-style-type: none"> <li>• Bending</li> <li>• Radial-Digital Grasp</li> <li>• Lifting</li> <li>• Manipulating</li> <li>• Pulling</li> <li>• Turning arms</li> </ul>
Physical	<ul style="list-style-type: none"> <li>• Dynamic Standing</li> <li>• Bilateral Integration</li> <li>• Flexibility</li> <li>• Active range of motion for Upper Extremities</li> <li>• Visual-motor integration</li> </ul>
Cognitive	<ul style="list-style-type: none"> <li>• Arousal/Alertness</li> <li>• Focused Attention</li> <li>• Cognitive flexibility</li> <li>• Initiation</li> <li>• Judgment</li> <li>• Complex problem solving</li> </ul>
Social	<ul style="list-style-type: none"> <li>• Starting, sustaining and ending conversations</li> <li>• Handling criticism</li> <li>• Interpersonal interactions</li> <li>• Physical contact</li> <li>• Forming Relationships</li> <li>• Self-expression</li> <li>• Social Cues</li> <li>• Showing Respect/tolerance</li> </ul>
Perception	<ul style="list-style-type: none"> <li>• Auditory function</li> <li>• Tactile function</li> <li>• Visual Function</li> </ul>
Communication/language	<ul style="list-style-type: none"> <li>• Receptions of spoken language</li> <li>• Reception of body language</li> <li>• Expression of spoken language</li> <li>• Producing body language</li> </ul>
Self-care	N/A
Psychological/emotional (possible)	<ul style="list-style-type: none"> <li>• Frustration in trying to accomplish the task, and not succeeding right away. As well as working in a group and trying to work together toward the goal.</li> <li>• Joy/Happiness when the task is accomplished and the group has success.</li> </ul>

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**How to Make the Activity More Complex**

- Add more holes to the tarp, and use a bigger tarp/less people

**How to Simply the Activity**

- Use less holes

**Other Comments**

- This was a super fun activity and a great way for a group to solve a problem together!!