

**ACTIVITY WRITE-UP**

**Name of Activity: Caps of Creativity**

Type of modality	Art
Type of play	Parallel
Interaction pattern	Aggregate
# of participants required	1+
Equipment/supplies	Plain hats, puffy paint, paper towels, smocks, table covering optional: rhinestones, fake flowers, iron-ons, hot glue, glitter, air brush paint,
Facilities required/environment	Table, chairs, low volume environment, covering on table for mess,
Precautions	Make sure young participants do not ingest paint, be careful using hot glue with young participants or participants with mental illness as they may harm themselves, patients who frustrate easily may become aggravated if they make mistakes, use smocks as puffy paint is very difficult to get out of clothes.

**Directions**

1. Prepare workspace by laying out newspaper or other covering over table.
2. Distribute smocks to participants and help them put on if needed.
3. Seat participants around the table and distribute the plain hats and puffy paint/other decorating supplies.
4. Have participants decorate hats however they like.
5. After hats are completed and dried, have a seated fashion show to show off final products.
6. Have all willing participants discuss why they chose to decorate their hat the way they did.

**Activity Analysis**

Category	Skills
Primary body position	Dynamic sitting
Part of the body required	Upper extremity
Movement	Palmar grasp, scissor grasp, 3-jaw chuck grasp, pincer grasp, picking up and putting down small objects, stretching to put on smock,
Physical	Dynamic sitting, bilateral integration, crossing midline, fine

	muscle coordination, motor control, muscle strength, active range of motion upper extremities
Cognitive	Alertness, focused attention, sustaining attention, concept formation, concentration, simple decision making, initiation, insight, orientation to person, simple problem solving, recognition of size, spatial operations, spelling, strategy, abstract thought,
Social	Starting, sustaining, ending conversation, handling criticism, hetero- and homogeneity, maintain social space, relating with equals, relationship forming, regulating behavior, self-expression, social conduct, social cues, showing respect & warmth
Perception	Tactile, visual
Communication/language	Reception to spoken language, expression of written language, producing signs and symbols
Self-care	Dressing
Psychological/emotional (possible)	Joy, frustration

### **How to Simplify the Activity**

- Use foam stickers to decorate caps if clients have difficulty with grasp
- Have prepared examples

### **How to Make the Activity More Complex**

- Use a theme and have participants' hats be decorated to fit the theme
- Have participants decorate a hat for a partner or someone else in the group.

### **Other Comments**