NASP 2015 Conference Schedule At-A-Glance

Friday March 20th

11:30 – 2:30 AASP Continuing Education Workshop  TLC 302

“Best Practices in Applied Sport Psychology”
Presenter: Dr. Angie Fifer

3:00 – 6:30: Registration  TLC Lobby

3:30 – 3:45: Welcome & Conference Opening  TLC 105

Dr. Michael Sachs - NASP Faculty Advisor and Professor in Department of Kinesiology
Dr. Laura Siminoff - Dean of the College of Public Health
Dr. Scott Rutledge - Associate Dean of Faculty Affairs, College of Public Health
Dr. John Jeka - Kinesiology Department Chair
Kat Longshore, Jen Ciaccio, & Miriam Merrill - NASP Conference Co-Chairs

3:50 – 5:00: Session 1

Session 1A: Workshop  TLC 303AB

Vitality, Motivation, Adherence: Applied Positive Exercise (APE) - GO APE With Elaine!
Presenter: Elaine O’Brien

Facilitator: Erica Tibbetts

Session 1B: Workshop  TLC 301AB

Performatory Psychology: Improv for Sport Team Building
Presenters: Dr. Joan Ingalls & Jennifer Bullock

Facilitator: Paige Ayotte
5:15 – 6:30: Session 2

Session 2A: Paper Session  

Exercise and sobriety: The case for providing women in recovery with structured physical activity  
Presenter: Erica Tibbetts

Once a Runner, Always a Runner? Exploring the Athletic Retirement Processes of Finnish Male and Female Distance Runners  
Presenter: Irina Watkins

An inductive exploration of physical activity within the transition to adulthood.  
Presenter: William Way

Sisterhood in Sports: How Female Athletes Collaborate & Compete  
Presenter: Dr. Joan Steidinger

Facilitator: Eric Dunn

Session 2B: Roundtable  

Pursuit of Happiness VS Happiness of Pursuit in junior tennis, on a quest for Journey or the American Dream  
Presenter: Nikola Milinkovic

Facilitator: Ryan Sappington

6:30 – 7:00: Dinner & Networking  

7:00 – 8:00: Keynote  

“Empowered through Sports: Up the Summitt, at the Temple, and around the World”  
Presenter: Dr. Becky Clark
Saturday March 21st

9:00 – 12:30: Registration
TLC 3rd Floor

9:00 - 9:30: Breakfast & Networking
TLC 300AB

9:30 – 10:45: Session 3

Session 3A: Roundtable
TLC 303AB

Not Afraid to Fail: Reflections on Trial and Error Experiences as a Neophyte Consultant
Presenters: Samantha Diamond & Ryan Sappington

Facilitator: Elaine O’Brien

Session 3B: Panel Discussion
TLC 301AB

Female Sports Body Stereotypes: Appearance vs. Athletic Success
Presenters: Dr. Joan Steidinger & Dr. Emily Roper

Facilitator: Amanda Manu

11:00 – 12:15: Session 4

Session 4A: Paper Session
TLC 301AB

The Racing Heart: A Qualitative Exploration of the Arousal Regulation Strategies of former Formula One Drivers.
Presenter: Brett Gordon

The Return to Play Decision: Traumatic Brain Injury Recovery in the Action Sports Population
Presenter: Kaitlyn Lang

Developing a Catastrophic Incident Plan for Intercollegiate Athletics: The Roles of the Athletic Trainer and Sport Psychologist
Presenter: Dr. Lindsey McGuire

The Board Room and the Locker Room: An Argument for Industrial/Organizational Psychology Training for Aspiring Sport Psychology Consultants
Presenters: Ryan Sappington & Phil Dillulio

Facilitator: Eric Dunn

Session 4B: Workshop
TLC 303AB

An Intentional Approach to Student-Athlete Leader Development
Presenters: Dr. Ira Martin & Dr. Adam Naylor

Facilitator: Jenny Pfohl

12:15 – 1:35: Posters, Lunch, Networking, & Raffle
TLC 300AB
1:40 – 2:00: Student Involvement Session  
TLC 301AB

Association for Applied Sport Psychology (AASP) & American Psychological Association Div.47
Presenter: Dolores Christensen

Facilitator: Anthony Galati

2:15 – 3:30: Session 5

Session 5A: Paper Session  
TLC 301AB

The Structure of a Team: The Influence of Goal Setting Type on Intrinsic Motivation, Group Cohesion, and Goal Achievement Orientation of Division III Female Athletes
Presenter: JoAnne Bullard

Coaches' and athletes' perceptions of helpful and harmful coaching behaviors: A critical incident approach
Presenters: Jessica Killoran, Courtney Stanlaw, Dr. Jamie Robbins and Helion, J.

Unpacking the Coach-Athlete Relationship: Athlete Coping Skills and Self-Determination Theory
Presenters: Ryan Sappington & Dr. Christina Fink

Focusing on Coaches’ Experiences: Mindfulness Training for Coaches (MTC) Qualitative Results
Presenter: Kat Longshore

Facilitator: Theresa Giunta

Session 5B: Workshop  
TLC 303AB

College Student Athletes and Mental Health
Presenter: Dr. Rachel Daltry

Facilitator: Emily Howard

3:45 – 5:00: Session 6

Session 6A: Roundtable  
TLC 301AB

Understanding the impact of parent behavior on athlete well-being and performance: Application and Advancement
Presenters: Dr. Miranda Kaye & Dr. Angie Fifer

Facilitator: Jen Ciaccio

Session 6B: Workshop  
TLC 303AB

How To Build Self-Confidence And Focus With Athletes In One Psychotherapy Session
Presenter: Dr. Jay Granat

Facilitator: Dan Cohn