

Andrew Moore

Sensory Stimulation Kit

Theme: Thanksgiving/Harvest

Supplies:

Kit Contents: Oven mittens, leaves, can of corn, candles, fruit (apple & orange), tea packets, napkins, silverware, table cloth, potato peeler, autumn flowers, basket, table mat, and ribbon.

Optional Items: Plates, canned meat, re turkey baster.

Additional Equipment/ Supplies Required: Tea kettle, cups, and spoons to prepare and drink tea.

Lighter to light the candles. A pot or microwave to cook the corn.

Activities:

Visual: Have clients look at the different patterns and colors of the items in the basket, like the print on the mittens and table mat. Ask question pertaining to remanence. Does these items and patterns remind clients of Thanksgiving/harvest celebrations at their homes or with family members? Does these patterns differ in any way to what the clients use to or still do decorate their holiday dinner table with. Clients could also look at some of the food items in the basket and possibly discuss its something they would include in their thanksgiving celebrations. RT could also have clients discuss their favorite types of foods to incorporate in their thanksgiving dinners.

Auditory: Clients could listen to the cds and see if they share a similar taste in music. Clients could also discuss what type of music they like to play during the holiday festivities.

Tactile: Clients could handle the silverware and compare to specific types and brands of silverware they used or currently use in their own homes. Clients could also pay attention to how the silverware is wrapped up in the napkins. RT could ask clients if they participated in formal

table setting and if so how did they do it? How did they learn about formal table settings and table etiquette? Clients could hold the potato peeler; and RT could ask if they use to cook a lot in their homes for Thanksgiving dinners or dinner in general. RT could ask what type of tools the clients would use to prepare meals. RT could show the client the red table cloth and ask if it reminds them of thanksgiving themes and decorations they've come into contact in their own experience. Clients could also discuss their preference in table cloths, ranging from plastic tableware, satin, or bare tables.

Smell: Clients could smell the candles and tea and discuss if these are scents that remind them of certain things. What feelings does the scent bring to them? Are the scents soothing, relaxing, enhancing?

Taste: Ask clients their favorite foods to prepare during thanksgiving dinner. What foods did they enjoy the best during thanksgiving? If shopping for thanksgiving was less or more costly in the past related to the present. Does the clients have favorite meals they enjoy from specific friends or family members?