

**Sensory Stimulation Kit**  
**Theme: The Fourth of July**  
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**Supplies:**

Kit Contents: Patriotic music (ipod), iconic patriotic images, hot dogs, a star, American flag, red, white and blue beaded necklaces, baseball, baseball mitt, sparklers, sunglasses, patriotic apparel (hat), counter top grill, apple pie and song lyrics to American songs.

Optional item: American movies may be shown such as Top Gun (VCR or DVD player would also be needed).

Additional Equipment/ Supplies Required: forks, napkins, plates, speaker for music and access to an electric outlet.

**Activities**

Visual: Show pictures of American leaders and iconic American images. Ask the clients to name the person or provide any information relevant to the image. Ask the clients if they know what the Fourth of July celebrates. Then, ask the clients about their favorite patriotic icons and what places they have been to in America. What makes them most proud to be American? Then ask the clients some American history questions (i.e. about 1<sup>st</sup> president, World War II, Vietnam War, 911). What major American history events happened in their life time, do they remember anything about that time? How is America different from when they were young? Then share facts about current events in America (i.e. same sex marriage in some states). The discussion may then be lead to what they would do if they could become president, what bills would they pass?

Auditory: Using an ipod play patriotic music. Pass out lyric sheets so that the clients may sing along. It is important that you sing along as well to make the clients feel comfortable about singing out loud. After each song you may ask the clients if they can guess what instruments are played in the background. Ask the clients their favorite patriotic songs and play it if you have any of them. \*You may also play a scene from “Top Gun” and ask the clients if they can identify the movie/ its theme song.

Tactile: Give the clients an American flag to feel and pass along. Ask the clients if they have any flags in their home. Ask the clients if they waved any flags such as at a parade, next have the clients demonstrate how to wave a flag (gross motor skill). Next hand out a star for the clients to feel and pass along. You may ask questions like, how many points are on a star? Also how many stars are on the American flag? After putting the flag away you may ask the clients what the flag looks like (50 white stars on a blue square, red and white stripes) and ask if anyone knows what the significance of those images are.

Smell: Ask the clients what smells remind them of the Fourth of July. You may start grilling the hot dogs and ask the clients about their holiday barbecues. Then distribute the grilled hotdogs accordingly.

Taste: Ask the clients what other foods remind them of the Fourth of July. What is their favorite Fourth of July treat? Offer the clients apple pie. Ask the clients to describe the taste.