

## ACTIVITY WRITE-UP

### Name of Activity: Memory

Type of modality	Card Game
Type of play	Shared Cooperative
Interaction pattern	Aggregate
# of participants required	2
Equipment/supplies	“Memory” board game
Facilities required/environment	A quiet environment with a table and chairs
Precautions	N/A

### Directions

1. Obtain Memory game
2. Take all of the cards out of the box
3. Turn all the cards on their face and make sure they all have matches.
4. Place all of the cards face down
5. Shuffle the cards
6. The first player will turn over two cards
7. Both players must try to remember what picture belongs where in the arrangement of cards
8. The next person will then pick up two cards, trying to locate the match
9. Once a match is found, the player takes the two cards and places them in front of him/her.
10. The player with the most matches at the end of the game wins.

### Activity Analysis

Category	Skills
Primary body position	Sitting
Part of the body required	Arms, hands, core stability
Movement	Picking up, dynamic sitting, fine muscle coordination, active range of motion in upper extremity, 3-Jaw Chuck Grasp
Physical	None necessary
Cognitive	Focused attention, Long Term Memory, Strategy, Selective Attention, Moderate Problem Solving, Alertness

Social	Regulating Behavior, Social Conduct, Social Cues
Perception	Visual function
Communication/language	Reception of signs and signals, maintaining social space
Self-care	N/A
Psychological/emotional (possible)	Joy, Frustration

**How to Simplify the Activity:** To simplify the activity, reduce the amount of cards so the clients have less matches to identify. For example, go through the deck of cards and identify five matches and leave the rest of the cards in the box.

**How to Make the Activity More Complex:** To make the activity more complicated, you could either time the activity to create an aspect of pressure. You could also implement a deck of cards into the game. Adding more cards would allow for greater challenge.

**Other Comments:** One person can also play this same; however, two people are preferred. If the client has upper extremity impairment, therapist or friend can assist individual.