

Korinna Foley

Sensory Stimulation Kit
Theme: Easter

Supplies:

Kit Contents: Easter egg dye, model magic, silly putty egg, Eos egg, jelly beans, marshmallow peeps, chocolate butterfly, chocolate bunny lollipops, flower lollipops, plastic eggs (filled with different objects creating different sounds), puzzle, stuffed bunny, textured chick, chocolate candle, tulle around basket, flower on outside of basket.

Optional item: “Happy Easter” sign, Easter grass

Additional Equipment/ Supplies Required: Eggs to dye

Activities:

Visual: Put the puzzle pieces on a table and help the client put it together if necessary. Ask the client what they think the puzzle is going to be while working on it. Once the puzzle is put together, ask the client what type of candy is their favorite. Show the client the easter egg dye and ask her if she wants to dye an Easter egg. Once you are dyeing the eggs, ask the client which colors she is going to want to use to dye her egg. Ask if that is their favorite color (whichever color they choose). Ask the client if they dyed Easter eggs or what they did instead to celebrate Easter. Ask the client questions like, “Who did you usually celebrate Easter with?” “Was Easter a big holiday to your family?” Point out the “Happy Easter” sign to the client. Ask them if they hung up decorations for Easter. If so, what kind of decorations?

Auditory: Using the three filled plastic eggs filled with different things inside to make different noises, have the client shake each egg and try to guess what is inside of them. Create a conversation with the client about what types of sounds they typically hear on Easter and what type of music is their favorite.

Tactile: Have the client feel the tulle on the outside of the basket and “grass” on the inside of the basket and ask to describe. Ask the client what their Easter basket’s look like now or what they used to look like while they were growing up. Have the client feel the flower on the handle of the basket and ask what type of flower was their favorite. Give the client the model magic to hold and describe the texture and what it reminds them of. Ask the client if they will then make an “egg” out of the model magic. Do the same thing with the silly putty. Have the client feel the stuffed bunny and textured chick. Ask the client if they ever had a bunny or other pets. Have the client feel the Eos egg and put the chap stick on if they want (have them take it home with them so it is not reused).

Smell: Ask the client to describe the smells reminded them of Easter. Have the client smell the chocolate candle and different candies. Have the client smell the Eos egg and try to guess what scent it is.

Taste: Ask the client what treats they used to get in their Easter basket. What was their favorite? Offer the client chocolate butterfly, chocolate lollipop, flower lollipop, jelly beans, and marshmallow peeps (*Diet permitting). Ask the client to describe the taste. Is it sweet, sour, bitter, smooth? Which one was their favorite?