

ACTIVITY WRITE-UP #3

Name of Activity: Holey Tarp

Type of modality	<ul style="list-style-type: none">• Cooperative Game
Type of play	<ul style="list-style-type: none">• Shared Cooperative
Interaction pattern	<ul style="list-style-type: none">• Intra-Group
# of participants required	<ul style="list-style-type: none">• 4+
Equipment/supplies	<ul style="list-style-type: none">• Tarp with 5 holes cut into it (one near each corner, one in the middle)• Tennis ball
Facilities required/environment	<ul style="list-style-type: none">• Open space with no furniture or obstacles
Precautions	<ul style="list-style-type: none">• N/A

Directions

1. Have everyone hold the tarp around the edges.
2. Place the tennis ball on one end of the tarp
3. The group must circumnavigate the tennis ball around the tarp.
4. You may not cover the holes with anything, or use body parts to keep the ball on the tarp
5. The tennis ball must travel along the sides of the tarp, around the holes.
6. If the ball falls in one of the holes, the group must start over again.
7. Once the group has mastered this a couple times, have them switch directions, or start from different corners of the tarp.

Activity Analysis

Category	Skills
Primary body position	<ul style="list-style-type: none">• Standing

Part of the body required	<ul style="list-style-type: none"> • All body parts
Movement	<ul style="list-style-type: none"> • Bending • Radial-Digital Grasp • Lifting • Manipulating • Pulling • Turning arms
Physical	<ul style="list-style-type: none"> • Dynamic Standing • Bilateral Integration • Flexibility • Active range of motion for Upper Extremities • Visual-motor integration
Cognitive	<ul style="list-style-type: none"> • Arousal/Alertness • Focused Attention • Cognitive flexibility • Initiation • Judgment • Complex problem solving
Social	<ul style="list-style-type: none"> • Starting, sustaining and ending conversations • Handling criticism • Interpersonal interactions • Physical contact • Forming Relationships • Self-expression • Social Cues • Showing Respect/tolerance
Perception	<ul style="list-style-type: none"> • Auditory function • Tactile function • Visual Function
Communication/language	<ul style="list-style-type: none"> • Receptions of spoken language • Reception of body language • Expression of spoken language • Producing body language
Self-care	N/A
Psychological/emotional (possible)	<ul style="list-style-type: none"> • Frustration in trying to accomplish the task, and not succeeding right away. As well as working in a group and trying to work together toward the goal. • Joy/Happiness when the task is accomplished and the group has success.

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How to Make the Activity More Complex

- Add more holes to the tarp, and use a bigger tarp/less people

How to Simply the Activity

- Use less holes

Other Comments

- This was a super fun activity and a great way for a group to solve a problem together!!