

ACTIVITY WRITE-UP

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Name of Activity: Going Green

Type of modality	Horticulture
Type of play	Shared Cooperative
Interaction pattern	Intragroup
# of participants required	2-5
Equipment/supplies	Egg carton, soil, seeds, scissors, empty/clean gallon jug, water, nail, newspaper, pen and stick.
Facilities required/environment	Table, chairs, quiet environment
Precautions	Make sure participants are aware that the soil is not edible.

Directions

1. Gather supplies
2. Lay newspaper down on table
3. Cut empty water jug $\frac{3}{4}$ around
4. Cut egg carton so that there is one 2x2 square remaining egg place holders
5. Fill each carton half way with soil
6. Place 2-3 seed in each section
7. Top each carton off so that each is $\frac{3}{4}$ full of soil
8. Water the soil
9. Place the egg carton in the empty water jug
10. Close the top
11. Add water if need be over the next few weeks as plants begin to grow.

Activity Analysis

Category	Skills
Primary body position	Dynamic sitting
Part of the body required	Upper extremities
Movement	Carrying in the hands, grasp: palmar/scissor/radial digital/ 3-jaw chuck, picking up/putting down objects, reaching, releasing
Physical	Balance: dynamic standing/sittin, B/L integration, motor control, BUE ROM, visual-motor integration
Cognitive	Alertness, selective attention, categorization, initiation, insight, short term memory, sequencing

Social	Heterogeneity, interpersonal interactions, maintaining social space, relating with equals, regulating behavior, social cues, show respect
Perception	Tactile, auditory, visual
Communication/language	Reception of spoken language, reception of written language, showing tolerance
Self-care	Not applicable to this activity
Psychological/emotional (possible)	Joy, frustration

How to Simplify the Activity

This activity may be simplified by pre-cutting the cartons.

How to Make the Activity More Complex

This activity may be made more complex by making multiple green houses

Other Comments

Adaptive equipment may be needed such as building up the handles of the gardening tools 2° grasping impairments.