

ACTIVITY WRITE-UP

Meghan Casey

Name of Activity: Family Tree

Type of modality	Arts & Crafts
Type of play	Solitary or shared cooperative
Interaction pattern	Intra- Individual
# of participants required	One, or with your family
Equipment/supplies	Paper, pen/pencil, different colored buttons, crayons/markers, scissors, and glue
Facilities required/environment	Any kind of flat clean surface.
Precautions	Do not hold the scissors with the metal facing you, and never touch the metal part.

Directions

1. Group decides what family members they want on their tree.
2. Everyone draws a tree on a piece of construction paper (color does not matter)
3. Cut out tree
4. Glue tree to a different colored piece on construction paper
5. Pick out a different colored button for to represent each family member
6. Glue button on each branch of the tree
7. Think of personal quote for each family member each person chose to put on the tree
8. Write a quote that reminds you of that person next to their button
9. Decorate the scenery behind the tree
10. Share the craft with your family.

Activity Analysis

Category	Skills
Primary body position	Balance: Dynamic sitting
Part of the body required	Fingers, and thumbs
Movement	Carrying in the arms, Grasp: Scissor Grasp, Grasp: Pincer Grasp, Picking up
Physical	Gross muscle coordination, Balance: Dynamic sitting, Crossing midline, Active Range of Motion: Upper Extremities, Fine muscle coordination
Cognitive	Concept formation, Memory: Long Term, Orientation: Person,

	Organization and Planning, Spelling, Writing, Reception of written language, Expression of written language,
Social	Self-expression, Homogeneity, Interpersonal interactions and, Relating with equals, Regulating behavior (depending on if the person is working with others)
Perception	Reception of written language, Expression of written language,
Communication/language	Discussion (if working with a group)
Self-care	N/A
Psychological/emotional (possible)	Joy, Frustration may occur if the person has trouble drawing or cutting.

How to Simplify the Activity

A way to simplify the family tree is using a picture for each person on the branch instead of gluing a button and writing a quote. Everyone can draw the tree on a piece of paper directly instead of drawing a tree on a separate piece of paper, cutting it out, and gluing it to a separate piece of paper.

How to Make the Activity More Complex

To make the family tree more complex everyone can write a short story about each person they chose to put on their tree. They can also illustrate self-portraits of each person on their tree.

Other Comments

This is gives a person or group the opportunity to think about their loved ones and reflect on the memories they shared with them.