

**ACTIVITY WRITE-UP**

**Name of Activity:** Doggie in the Middle

Type of modality	<ul style="list-style-type: none"><li>• Primary: Animal Assisted Activity</li><li>• Secondary: Physical activity</li></ul>
Type of play	<ul style="list-style-type: none"><li>• Shared Cooperative</li></ul>
Interaction pattern	<ul style="list-style-type: none"><li>• Intra-group</li></ul>
# of participants required	<ul style="list-style-type: none"><li>• 6-12</li></ul>
Equipment/supplies	<ul style="list-style-type: none"><li>• Ball</li><li>• Medium height trash can/bin</li></ul>
Facilities required/environment	<ul style="list-style-type: none"><li>• Large room with open space or outside in a large space.</li></ul>
Precautions	<ul style="list-style-type: none"><li>• Make sure there are no dog allergies and they all participants are comfortable with interacting with dogs.</li></ul>

**Directions**

1. First, let the dog familiarize himself with all of the participants/patients.
2. Have all participants spread out into a circle (standing or sitting)
3. In the center of the circle place a small trash can/bin.
4. Each person is going to take a turn throwing a ball into the trash can.
5. If they make it, the dog will retrieve the ball from the can and bring it back to the person who threw it.
6. They will then pass the ball to the next person, and then will try to throw the ball into the can.
7. If the person misses, the dog will retrieve the ball and bring it back to them, and they will continue to throw until they make it into the can
8. The game will end when everyone had a chance to make it into the can.

## Activity Analysis

Category	Skills
Primary body position	<ul style="list-style-type: none"> <li>• Standing or Sitting</li> </ul>
Part of the body required	<ul style="list-style-type: none"> <li>• Upper extremities</li> <li>• Lower extremities (if standing)</li> </ul>
Movement	<ul style="list-style-type: none"> <li>• Releasing</li> <li>• Throwing</li> <li>• Grasping</li> <li>• Reaching</li> </ul>
Physical	<ul style="list-style-type: none"> <li>• Aim</li> <li>• Dynamic sitting/standing</li> <li>• Visual-motor integration</li> <li>• Active range of motion of upper extremities</li> <li>• Motor control</li> </ul>
Cognitive	<ul style="list-style-type: none"> <li>• Alertness</li> <li>• Shared attention</li> <li>• Initiation</li> <li>• Simple decision making</li> <li>• Personal Orientation</li> <li>• Recognition of size/shape</li> </ul>
Social	<ul style="list-style-type: none"> <li>• Physical contact</li> <li>• Social Cues</li> <li>• Tolerance</li> <li>• Self-conduct</li> <li>• Maintaining social space</li> </ul>
Perception	<ul style="list-style-type: none"> <li>• Visual</li> <li>• Auditory</li> <li>• Tactile</li> </ul>
Communication/language	<ul style="list-style-type: none"> <li>• Expression/ Reception of Verbal and Body language</li> </ul>
Self-care	N/A
Psychological/emotional (possible)	<ul style="list-style-type: none"> <li>• Joy of interaction with an animal and seeing him complete task.</li> </ul>

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|  | <ul style="list-style-type: none"><li>• Frustration/Fear of not being able to make the ball into the can.</li></ul> |
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### **How to Simplify the Activity**

- Have the participants throw the ball to the dog and have the dog put the ball into the can.  
(Instructor will take the ball and give it to the next person) or make the space smaller so it's a shorter distance.

### **How to Make the Activity More Complex**

- Make the distance larger so the length you are throwing the ball is larger and also, when it is a new persons turn to throw the ball instead of having the previous participant hand them the ball, have the dog bring the dog to them by calling them (it can be anyone within the group, not just in consecutive order).

### **Other Comments**