

ACTIVITY WRITE-UP

Name of Activity: Alphabet Improvisation

Type of modality	Drama
Type of play	Shared Cooperative
Interaction pattern	Intra-group
# of participants required	2-5
Equipment/supplies	A watch (for timing responses); props (if desired)
Facilities required/environment	Activity should be done in an open space either outside or inside a facility.
Precautions	N/A

Directions

1. The leader instructs participants to form a circle (standing, if possible).
2. The leader assigns an imaginary setting for the improvisation skit, and assigns each person a role to play in the improvised skit.
3. The leader sets the scene by starting the first phrase of the conversation with the letter "A".
4. The person to the right continues the story by starting his/her line with the letter "B".
5. If there is a third person, you continue with starting the phrase with the letter "C".
6. Continue around the circle, acting out each specified role staying in character.
7. Each person only has one minute to state his/her line.
8. If the individual takes longer than one minute, that skit concludes.
9. A new setting and new characters are chosen by the individual standing next to the leader.
10. If you are able to successfully complete the alphabet, you are done with the activity!

Activity Analysis

Category	Skills
Primary body position	Standing, sitting if necessary
Part of the body required	Dependent on the position of the body
Movement	Static Standing
Physical	None necessary
Cognitive	Selective Attention, Sustaining Attention, Concentration, Problem Solving Moderate, Sequencing, Strategy

Social	Conversation starting, sustaining, and ending, interpersonal interactions, regulating behavior, social cues
Perception	Auditory, Visual
Communication/language	Reception to spoken language, reception of body language, expression of spoken language
Self-care	None needed
Psychological/emotional (possible)	Frustration, Joy

How to Simplify the Activity: To simplify activity, the alphabet could be available for reference to aid the participant. The physical alphabet in front of the client allows him/her to follow along and look ahead to the next letter to begin the following phrase. To simplify greater, we could also eliminate the time aspect as a whole.

How to Make the Activity More Complex: In order to make the activity more complex, you could add a time limit, such as 30 seconds for a response to the previous statement. The each improvisation scene would only last as long as each participant responds in a timely manner.

Other Comments: If presented with a larger group than 5, break into two parts to simplify the setting and roles, as too many people can be hectic. Make sure the initial leader's role terminates after the setting is completed to give other participants' turns to dictate the mood of the scene, as well as the characters.