

ACTIVITY WRITE-UP no. 3

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Name of Activity: Solitaire

Type of modality	Card Game
Type of play	Solitary
Interaction pattern	Extra-Individual
# of participants required	One
Equipment/supplies	Complete deck of cards (remove the jokers)
Facilities required/environment	-Flat surface -Well lit environment
Precautions	N/a

Directions

1. Acquire complete deck of cards
2. Shuffle deck of cards
3. Set up game- lay one card face up and then 6 cards adjacent to it face down (horizontally) in a line
4. Put one card face up on top of the second face down card. Make sure you lay the face up card slightly lower than the card below it vertically.
5. Proceed to laying a second set of cards, face down, to the remaining 5 cards. Place the cards (vertically) slightly lower on top of the first set of face-down cards.
6. Place a face up card on the 3rd face down card (place slightly lower than the face down card underneath it). There should be 2 face down cards underneath it. Continue to lay 4 face down cards slightly lower (vertically) on top of each already face down card.
7. Continue this pattern until all cards in the line have a face up card. The 3rd face up card should have two face-down cards underneath it. The 4th should have three face down cards underneath, 5th should have four face down cards, 6th should have five face down cards underneath, 7th should have six cards laid vertically underneath it.
8. Set remaining cards in a pile. This is the pile you will draw out of when you cannot make a move.
9. Pay attention to the cards that are face up. Match any cards that are numerically lower to a card. For example, if you have a face up 9 of hearts you can place an 8 of spades underneath it (if you have an 8 of spades face up). The card that you move has to be a different color than the card you are putting it below. (you can never put a 9 of hearts underneath a 10 of diamonds).
10. Once there is nothing left to do with what there is in front of you. Choose one card at a time from the pile and see if it can be placed anywhere on the 7 piles. If it cannot be placed continue to pick from the pile.
11. If you choose an ace from the 'cannot move' pile, place it above the seven piles that you have laid out.

12. From the original set-up of seven cards, see if you can place any of the face up cards on top of the aces. For example, if you have a 2 of hearts (and an ace of hearts pile started), place the 2 of hearts on top of that ace.

13. If you move a card from your original board to one of the ace piles, you will then see that there is face-down card left in that column from which you moved the card from. Turn the card face up.

14. The object is to get all of the aces with the numbered/suite cards to be stacked on top of the ace (should be stacked numerically low to high). (Ex: Ace of hearts: 2 of hearts, 3 of hearts, etc.) Use the cards from the pile below it.

15. If you are able to successfully place cards in numerical order on top of the aces, (you will not have any cards below the aces) then you have completed the game! If you are unable to move, you have lost and can restart.

Activity Analysis

Category	Skills
Primary body position	Sitting
Part of the body required	Upper Extremities
Movement	Dynamic Sitting
Physical	Pincer Grasp, Crossing Midline, reaching/releasing,
Cognitive	Arousal/Alertness, Attention: sustaining Attention, Decision Making: Simple, Memory: Long Term, Orientation: place & topographical, Concept Formation, Cognitive Flexibility, Judgment, Problem Solving: Simple, Sequencing, Strategy, Recognition: Shape/Form
Social	Showing Tolerance, Maintaining Social Space (if playing in an area where other people are nearby)
Perception	Visual
Communication/language	Reception of Signs and Symbols
Self-care	N/A
Psychological/emotional (possible)	Joy, Frustration (having difficulty setting up card placement)

How to Simplify the Activity

Play the game online where it can be automatically set up for the individual. Or watch a video to help with any confusion.

How to Make the Activity More Complex

Add another player (including another deck) to play double solitaire.

Other Comments

