

Sensory Stimulation Kit:
Theme: A Day at the Zoo

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Supplies:

Kit Contents: Different stuffed animals (giraffe, seal, turtle, elephant, panda), a wooden, moveable snake, binoculars, rubber alligator, CD of animal noises, Mulch/Leaves, insect repellent, a bag of peanuts, a ticket to the zoo, animal crackers

Optional item: A slotted "ticket box"

Additional Equipment/ Supplies Required: A CD player to play music

Activities:

Visual: Line the stuffed animals up on the table to show to the client. Have the client identify each animal. Ask client where each animal lives (either providing a geographical location or continent) Give client the binoculars, and have him/her identify the animals from across the room. Ask client his/her favorite animal at the zoo is and why. Additional discussion questions include: Do you like the zoo? Ask client what he/she enjoys most about the zoo. How many times have you been to the zoo? Who do you go to the zoo with? How many zoos have you been to?

Auditory: Using a computer or CD player, play the different kinds of animal sounds that are on the two CDs. Ask the client to guess what animal is making the sound. Ask the client if they could imitate the noises the animals are making. Ask the client what animal sound they like the most/least and why. Ask the client if they have ever heard the sounds on the playlist come from the animal at the zoo. (e.g., If I play a sound of a lion roaring, ask them if they have heard a lion roar at the zoo).

Tactile: Give the client different animals, such as the soft elephant and the rubber alligator. Ask if client has ever touched either of those animals. If so, when and where? Give client the ticket to the zoo and ask him/ her to fold the ticket (fold ticket=fine motor task). *You may want to create a slotted "ticket box" for client to place folded ticket into. Next, give the client the wooden, bendable snake and allow them to play with it. Ask if client has ever seen or held a real snake before. Ask the client if they got to pet any of the animals at the zoo. If so, have the client describe what it felt like. Ask them if the animal had fur, and if it was it soft or rough? Ask the client if the animal had a lot of fur or no fur? Ask him/her what it felt like when they touched it.

Smell: Ask the client to describe the smells associated with the zoo. Did it smell good or bad? Bring out compost mulch bag and allow client to smell. Ask the client if the bag of compost mulch reminds him/her of the smell of the zoo. Ask the client if he/she fed the animals peanuts at the zoo. Open bag of peanuts and allow client to smell the peanuts. Ask the client what animals he/she has fed at the zoo. Ask client if he/she sprayed bug spray

before going to the zoo to avoid the flies and other insects. If so, apply bug repellent to their finger and allow them to waft the scent.

Taste: Ask client what snacks they brought to the zoo. If they packed snacks, ask the client what snacks they brought to the zoo. Ask client what snacks they enjoy. Offer the client some animal crackers. Ask the client to identify the animal's shapes.

