

Intervention Summary

Task Analysis, Activity Analysis, & Modification (TAAAM) – Short Form

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Name of activity: Outdoor Scavenger Hunt

Type of modality: Game

Type of play	Associative
Interaction pattern	Aggregate
# of participants required	1 or more
Equipment/supplies	(Participant - Scavenger hunt directions, pencil/pen, fanny pack (Therapist to set up scavenger hunt) – Color coded bases, scavenger hunt directions, out door open space, cones, participant(s)
Facilities required/environment	Outdoor yard, open space, or grassy area
Precautions	Wear gloves if you so choose, to protect hands while participating in outdoor activity

Activity Instructions (what the therapist needs to do to facilitate the activity)

1. Therapist to initiate outdoor activity (scavenger hunt) with client.
2. Instruct client to dress in appropriate clothing for outdoor activity (sneakers, sunglasses, sunscreen, gloves (to protect hands while outside))
3. Therapist to spread out the items on the color coded bases.
4. Instruct client to review the list by asking him/her to read the list aloud and asking and questions he/she may have about the activity. Client will review the list of what he/she will be finding during the scavenger hunt within the designated parameter. (10 color coded bases containing the items on the scavenger hunt will be located within 4 cones spread out in a rectangle within the backyard area, there are no items located outside of the coned area).
5. Instruct client to strap and buckle fanny pack onto waste. The fanny pack will be used to store the items found on the scavenger hunt.
6. Instruct client to search for the 10 items listed on the scavenger hunt.

Task Analysis (what the client needs to do to perform the activity)

1. Client will read and interpret directions on the scavenger hunt.
2. Client Will recognize the color coded bases that correspond with the items on the list.
3. Client will ambulate to the colored bases.
4. Client will reach or bend to obtain the items needed to complete the activity.
5. Client will read the scavenger hunt list as he or she matches and recognizes the items in real life.
6. Client will pick up and place items from the based area to the fanny pack that he or she is wearing.
7. Client will check completed/located items off of the list in sequential order or as found.
8. Client will locate 10 items listed on the scavenger hunt.

Activity Analysis (inherent skills within the activity)	
Category	Skills
Primary body position	Standing
Parts of the body required	Upper and lower extremities (arms to reach and pick up items, legs to ambulate about the area.
Directionality	Person to object, object to object (item to fanny pack) Up, Down, Left, Right
Physical skills	To ambulate about designated area Grasping, bending (to obtain items), reaching, standing, walking, use of hands arms and legs, upper and lower range of motion, gross motor skills
Cognitive skills	To interpret what is being asked for on the directions and ability to locate recognized items.
Sensory abilities	Visual (to read list and identify items), auditory (to hear others talking, outside noises/distractions) to feel and grasp items, tactile
Communication/language skills	Client to therapist, Client to other participant (maybe to seek help)
Social and interpersonal skills	Client to therapist, Client to other involved participants
Self-care skills	Client to preferably wear sunscreen and/or gloves to protect hands while gathering items on the list.
Psychological/emotional (possible)	Client to have a positive insight about completing the activity, sadness or gloom if not motivated to participate or complete activity
Modification (to meet the therapeutic needs of the client)	
How could you simplify the activity?	Lessen the amount of items on the list Provide clues Provide a pathway to locate the items for easy navigation Have objects easily accessible Include rest breaks within the list Place the items close together/ easy to locate
How could you make the activity more complex?	Setting a time frame that will require the client to locate the items on the scavenger hunt in a specific time frame Take away the base color coordination Administering the scavenger hunt in open outdoors without parameters No clues

	<p>Create additional items on the list to locate</p> <p>Include riddles on the list instead of naming the objects</p> <p>Spread items out all over the yard, not within a restricted area</p> <p>Make it a race between other participants</p>
<p style="text-align: center;">Any Additional Comments</p>	
<p>This outdoor activity is a great way for client to get fresh air and enjoy nature while participating in play and leisure.</p>	