

MULTICULTURAL COMPETENCY SELF-AWARENESS SCALE

Rate yourself between 1 to 10
1=Poor 10=Exceptional

Knowledge of

Inclination to trust group members

Facilitating a dialogue with members of these groups

Race/Ethnicity

European American/European Descent/White

African American/Caribbean/African/Black

Asian American/Asian/Pacific Islander

Latino/a American/Latin American/Hispanic

Native American

Arab American/Arab/Middle Eastern/Persian

International

Bi/Multi-Racial

Other:

Sex/Gender Identity

Female/Woman

Male/Man

Trans*/Transgender

GenderQueer

Intersex

Sexual Orientation

Gay

Lesbian

Bi-Sexual

Queer

Heterosexuals

Polyamorous

Age

Young/Youth

Middle Aged

Elderly

<p>Rate yourself between 1 to 10 1=Poor 10=Exceptional</p>	<p><i>Knowledge of</i></p>	<p><i>Inclination to trust group members</i></p>	<p><i>Facilitating a dialogue with members of these groups</i></p>
Socio-Economic Status			
Rich/ Upper-Class			
Middle Class			
Working Class/Poor			
Ability (Dis)			
Intellectual/Mental			
Physical			
Religion			
Christian Tradition: Catholic/Protestant/Mormon/Unitarian			
Judaism			
Islam			
Hindiusm/Buddhism/Sikhism/Jainism			
Folk Religion: (Traditional African/Korean/Chinese/Native American/Japanese, Shamanism, Paganism, Animism, Ancestor Worship, and Totemism)			
Agnostics/Atheists			
<p>Multicultural Competency - the awareness, knowledge and skills needed to work and live with others who are culturally different from self in meaningful, relevant, and productive ways</p>			
<i>•Awareness</i>			
<ul style="list-style-type: none"> •A belief that differences are valuable and that learning about others who are culturally different is necessary and rewarding 			
<ul style="list-style-type: none"> •A willingness to self-examine and, when necessary, challenge and change their own values, worldview, assumptions, and biases 			
<i>•Knowledge</i>			
<ul style="list-style-type: none"> •Knowledge of diverse cultures and oppressed groups (i.e., history, traditions, values, customs, resources, issues) 			
<ul style="list-style-type: none"> •Knowledge about how gender, class, race, ethnicity, language, nationality, sexual orientation, age, religion or spirituality, and disability and ability affect individuals and their experiences 			
<i>•Skills</i>			
<ul style="list-style-type: none"> •Ability to identify and openly discuss cultural differences and issues 			
<ul style="list-style-type: none"> •Ability to assess the impact of cultural differences on communication and effectively communicate across those differences 			
<ul style="list-style-type: none"> •Ability to gain the trust and respect of individuals who are culturally different from themselves 			