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Hey, Erika!
I was so glad to hear how well you did on your biology test, and I loved getting an inside peek of your dorm room!

I hope you're making time to move your body during your rigorous days of nursing school. I remember we used to love hula hopping together, so I thought maybe this would give you a spark of inspiration to start moving your body again! It is important to make time to stay active since you're sitting at a desk for most of the day.

Keep working hard and staying positive!

*Love,
Sabrina*



To:

Future Nurse

Erika