



Hey,
I just wanted to let you know how I have been dealing with keeping sane during this Pandemic. I have been trying to find ways to go outside safely and stay active because I think I may start to go a little crazy being at home forever. I found a basketball court that allows social distancing, so this has been letting me keep my positivity going. I hope you are well.!



TO:

Black Youth
Struggling
During a Pandemic



MUSIC CAN REALLY CHANGE YOUR DAY, AT
LEAST IN MY LIFE BECAUSE IT MAKES MY LIFE
FEEL LIKE A SOUNDTRACK" -DESTANIE M.



Hey,
I just wanted to let you know how I have been
dealing with keeping sane during this Pandemic. I
has been looking for ways to keep myself
entertained and active because it can get
challenging being at home for months. I decided
to pick up a new hobby and learn how to play the
electric guitar. I am hopeful in learning to play
Steve Lacy songs by the end of the next
lockdown.

TO:

Black Youth

Struggling

During a Pandemic



I FEEL AS THOUGH I AM VERY SHY FROM SOCIAL MEDIA COMPARED TO OTHER UPCOMING INFLUENCERS, BUT I AM MAKING PROGRESS WITH MY SOCIAL MEDIA CONFIDENCE. ~ LEAH S

Hey ,

I just wanted to let you know how I have been dealing with keeping sane during this Pandemic. When I have time, meal prepping really helps add some structure to my days. I have also started fitness challenges on Instagram. As a college student, my days are usually busy with class and work, so fueling my body and saving money are two big priorities for me. How have you been ?



TO:

Black Youth

Struggling

During a Pandemic



"I WAS WALKING DOWN THE STREET
AND MY INNER CHILD SAID 'OOH
PLAYGROUND!'
I MISS BEING A KID." - MAYA O.



Hey,
I just wanted to let you know how I have been
dealing with keeping sane during this Pandemic. I
have been having a hard time trying to stay
motivated and not procrastinate on projects
that I know are already time commitments. It is
hard to gain inspiration while you are doing the
same thing everyday and in the same space
everyday for months. I have been trying to
connect with my inner child and try to do things
she loved to do because as a child, my imagination
was beyond what I can imagine now.

TO:

Black Youth
Struggling
During a Pandemic